

# Technogym Cycle



**TECHNOGYM®**

# The most comfortable cycling ever



Technogym Cycle is an exercise bike designed with a wide seat and walk-through to make it easy to improve your health and get back in shape at any age.

WIDE WALK-THROUGH

**Easy on, easy off**

COMPACT DESIGN

**Just 0.7 sq m (7.5 sq ft)**

TECHNOGYM LIVE

**Stay healthy and motivated  
with personalized training**







# Easy on, easy off

Technogym Cycle is barrier free with its open, walk-through design.



## Everything under control

All the information you need to track your progress is clearly displayed on the console, to be used with or without a tablet.



## So comfortable you won't want to get off

With an extra wide surface and multi-density padding, the seat is the most comfortable in its class. Adjust it easily with the back lever while seated, even mid ride.





**Just 0.7 sq m  
(7.5 sq ft)**

At just 60 cm (23.6") wide,  
Technogym Cycle is a space-saving  
bike with a compact design.



## Workout comfort and variety

One handlebar and two different cycling positions. Easily switch from a standard to a city bike in one single ride.

## Instant adjustments

Conveniently placed on the handlebar, Fast Track Controls make it easy to change intensity on the fly.



# Stay healthy and motivated with personalized training

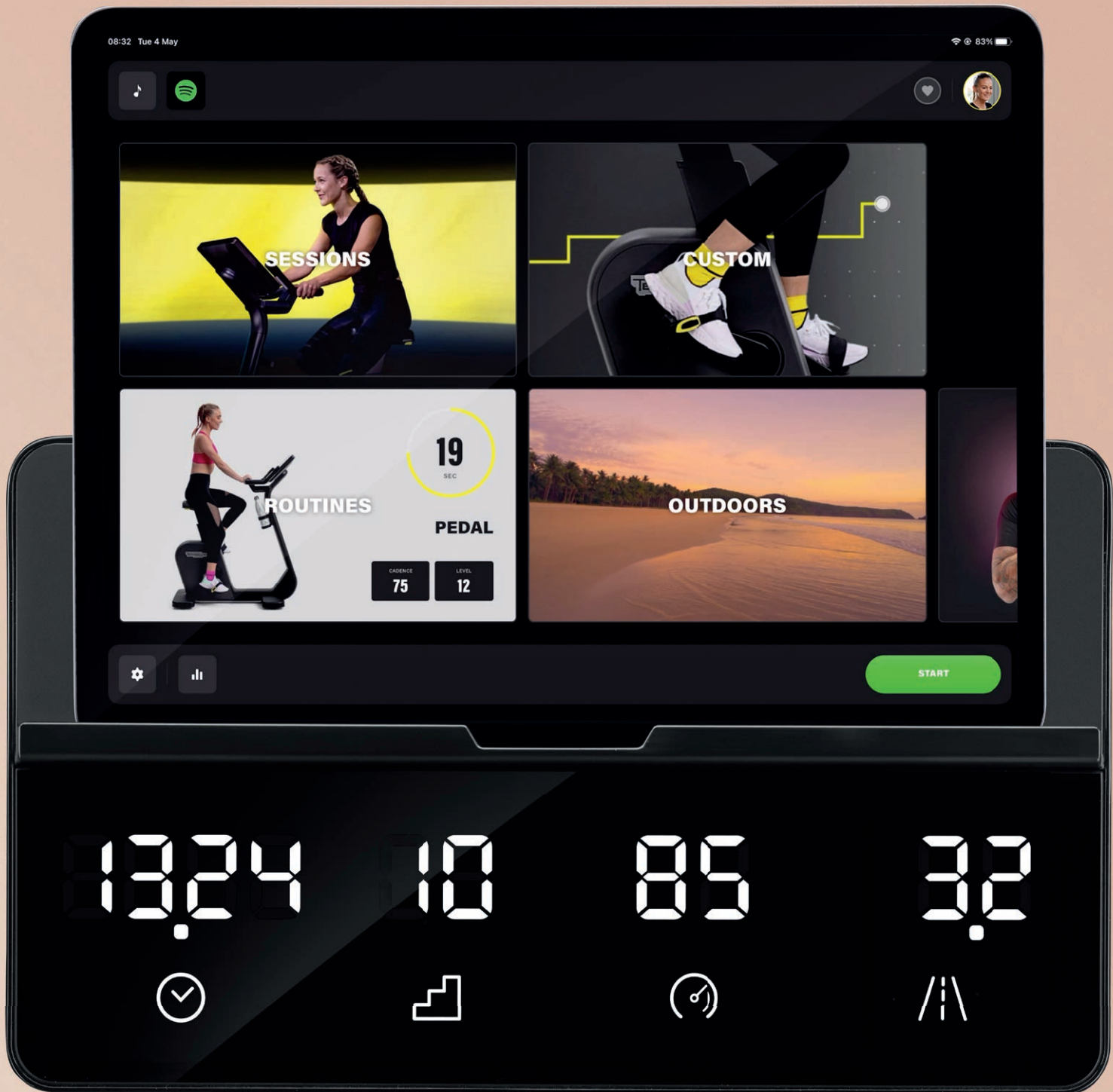
Place your tablet on the console and start training.  
The Technogym Live app is available for iPad and Android tablets.



Download Technogym Live app on your tablet







# Your heartbeat sets the intensity

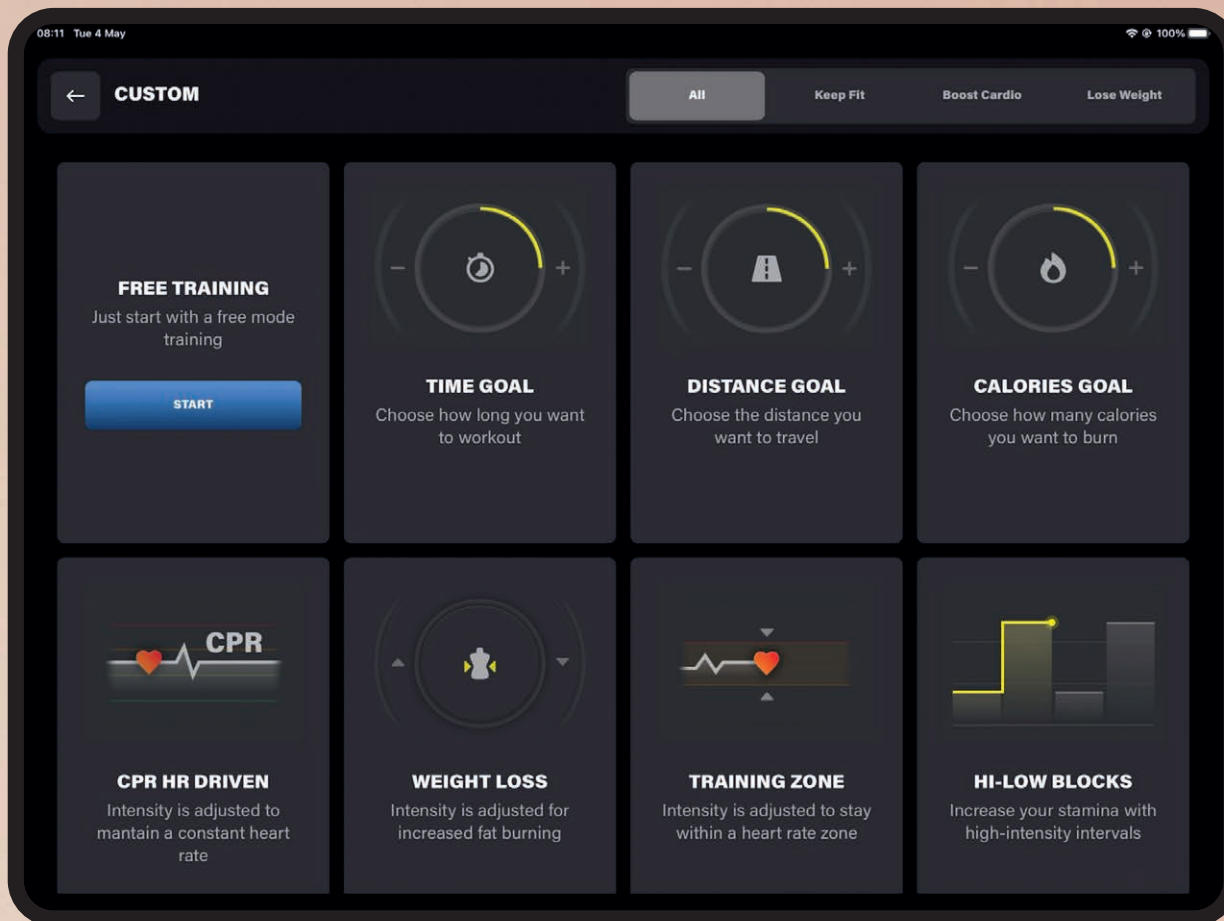


While you train, the CPR system (Constant Pulse Rate) monitors your heart rate and automatically adjusts speed and resistance for a safe and efficient workout.





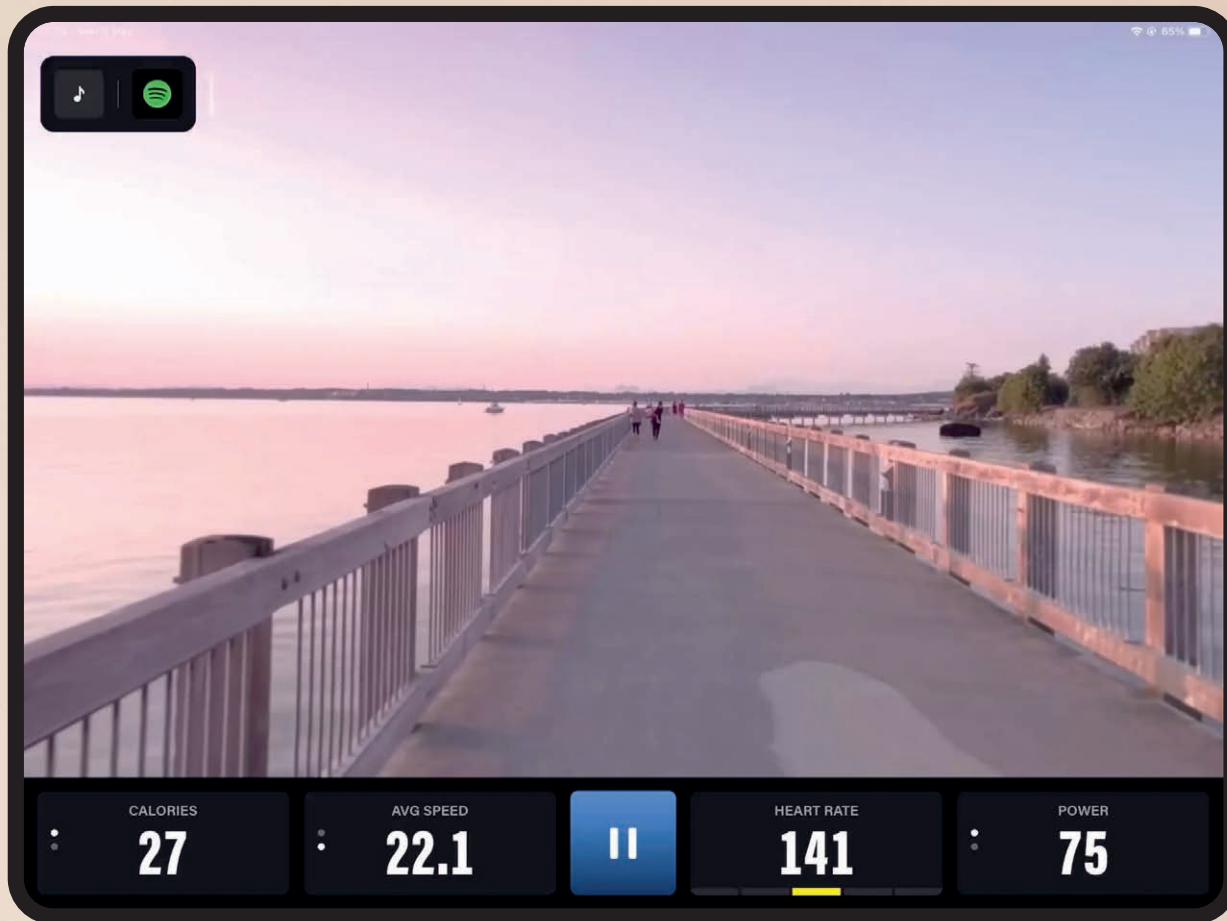
# Personalized training



Choose a goal-based workout - such as time, distance, or calories - or select one of our many other options, ranging from pure cardio to HIIT sessions.

TECHNOGYM OUTDOORS

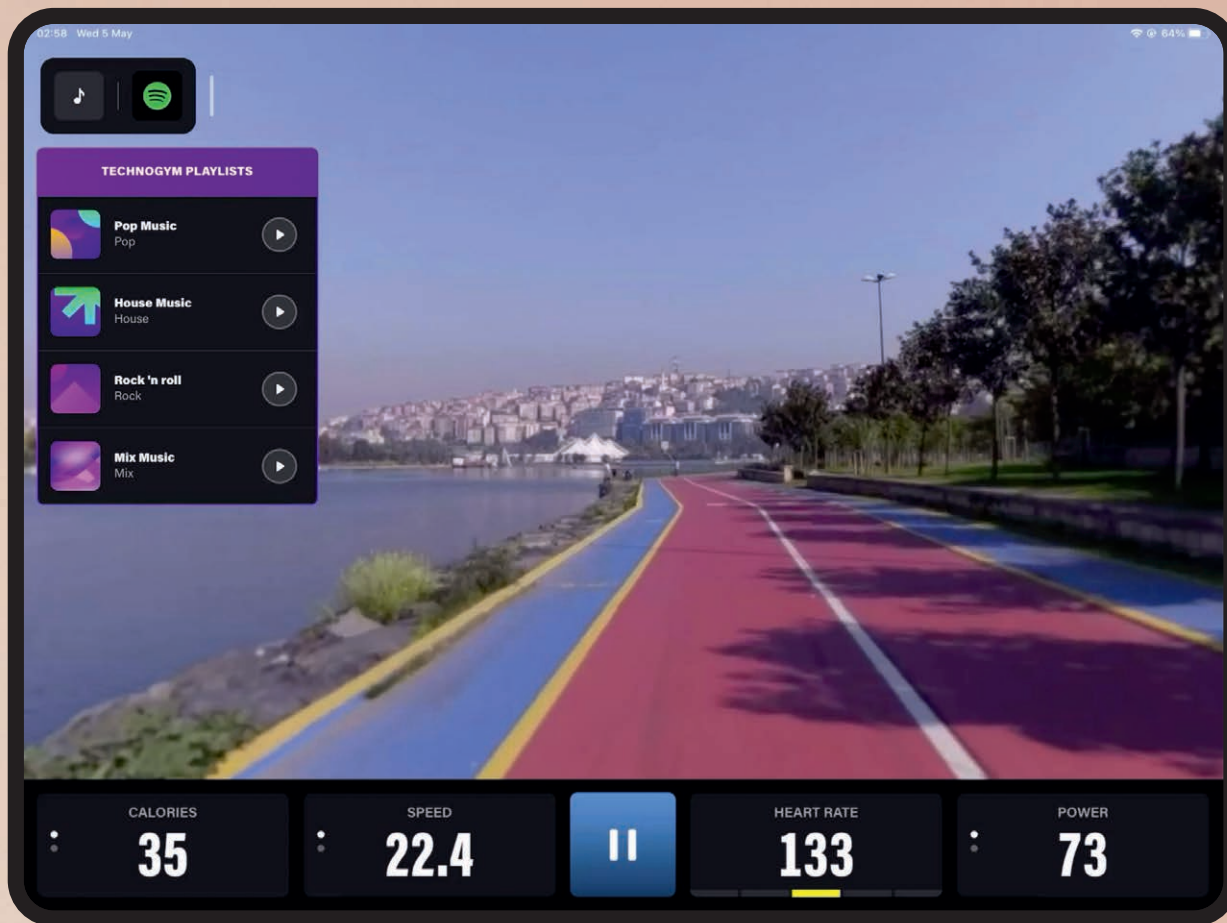
# Train anywhere in the world



Free your mind riding through natural landscapes and city scenes from all over the planet.



# Follow the beat



Cover that extra mile with the energy of music. Choose your mood and go with the flow.

TECHNOGYM SESSIONS

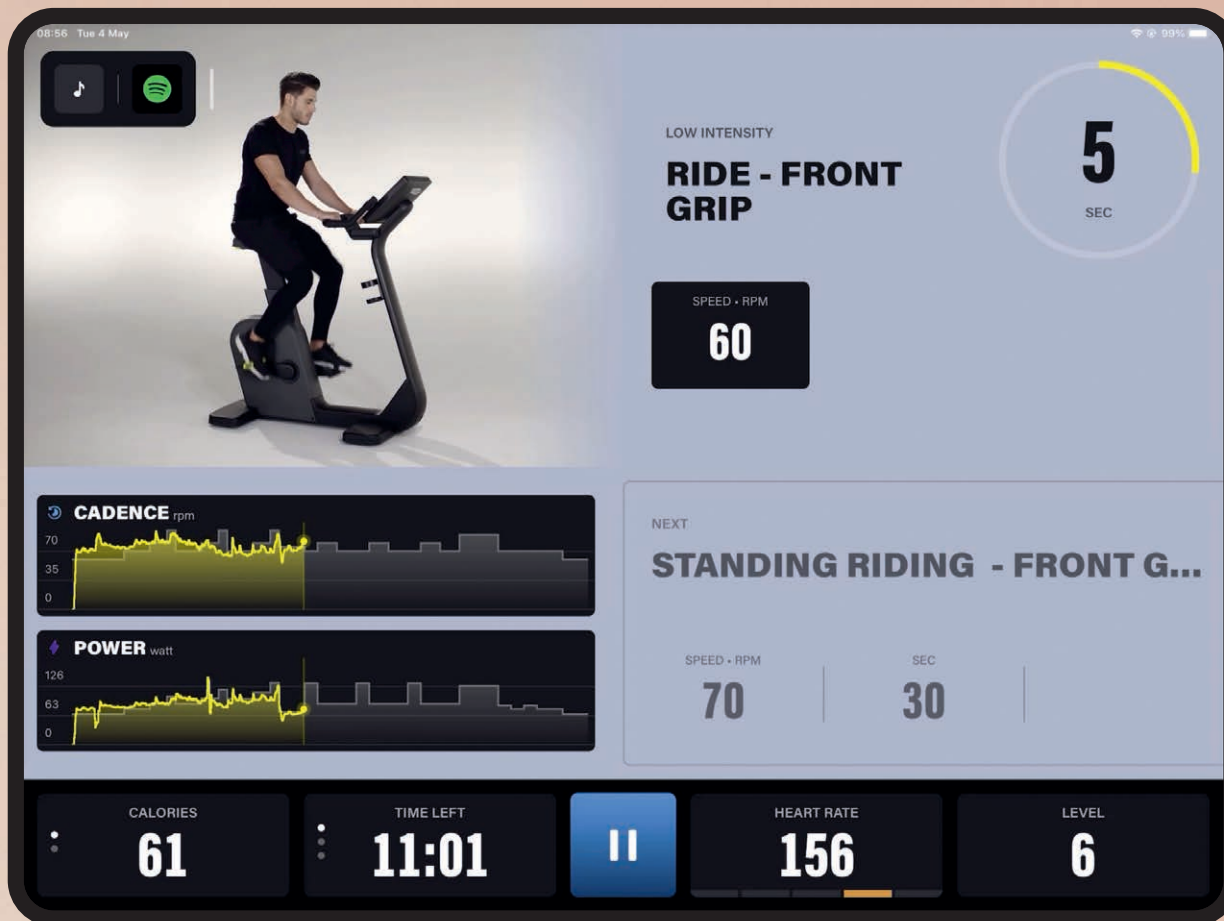
# An online trainer by your side



Choose your favorite workout and the trainer will guide you, boosting your motivation.



# Choose your goal and follow along



Follow the video exercises while Technogym Cycle automatically adjusts speed and resistance for a bespoke training session.

# Technogym Cycle

## Extra stable

Technogym Cycle is stable and resistant. It is designed to support up to 180 kg (396 lbs) of weight.

## Synced with your Apple Watch

Install Technogym Live Connect on your Apple Watch to sync your heart rate and workout data to Apple Health.

## Your iPad firmly in place

A special magnetic holder keeps your tablet secured and safe, even during your most intense workout.

## Low energy consumption

Technogym Cycle recognizes when you're nearby and automatically goes into sleep mode when not in use thanks to its Wake-up Sensor.

## The pleasure of smooth pedalling

At just 17 cm (6.7"), the reduced distance between the pedals ensures fluid pedaling and correct body position.

## Easy to move

Equipped with hidden wheels, Technogym Cycle is easy to move around.





## TECHNICAL SPECIFICATIONS

<b>Dimensions (LxWxH)</b>	1140 x 600 x 1360 mm (44.8 x 23.6 x 53.5 in)
<b>Weight of the product</b>	62 kg (136.7 lb)
<b>Maximum user weight</b>	180 kg (396.8 lbs)
<b>Max resistance at 160 RPM</b>	600 W
<b>Power requirement</b>	100-240 Vac $\pm$ 10% 50/60 Hz
<b>Standby energy consumption</b>	less than 0.5 W
<b>Pedal crank length</b>	172.5mm (6.8 in)
<b>Q factor</b>	170 mm (6.7 in)
<b>Fast Track Controls</b>	Yes
<b>USB Charger</b>	Yes
<b>Bluetooth 5.0</b>	Yes
<b>Technogym Live app</b>	Yes
<b>Upgrade via Technogym Live app</b>	Yes
<b>Suitable for users whose height is</b>	140-205 cm (4.6 - 6.7 in)
<b>100% recyclable packaging size (LxWxH)</b>	1840 x 876 x 364 mm (72.4 x 34.5 x 14.3 in)

## For information and purchasing

Technogym products and services are only sold directly.

### Phone numbers

Call us for advice on which products and services best fit your needs:

**0800 3162496**

(Freephone - UK only)

**+971 4 3375337**

(United Arab Emirates only)

**800 8040952**

(Toll free - US only)

**0800 3322448**

(Toll free - Netherlands only)

**1800 615440**

(Toll free - Australia only)

**+39 0547 650111**

(Other countries)

### Website

Discover Technogym's complete offer and make your purchases directly from the online Shop:

**technogym.com**

### Follow us on



## Technogym Boutiques

Visit us to try our equipment and to create a personalized solution for your Wellness with the help of our experts:

### Cesena - Technogym Village

Via Calcinaro, 2861

### Bangkok

381, 383, 385 Sukhumvit 63, North Klongton, Wattana

### Casablanca

45 Rue Ali Abderrazak, Residence Prestigia Malak

### Doha

c/o Doha City Festival mall, Umm Salal Mohamed

### Kiev

c/o Domosfera, Stolychne Hwy, 101

### London

c/o Harrods, 87-135, Brompton Road

### Los Angeles

131 North Robertson Boulevard

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San Pedro Garza García

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Red Square 3, GUM, 3rd floor/3rd line

Vremena Goda Mall, Kutuzovsky prospekt, 48

### New York

70 Greene Street

### Port Baku

151 Neftciler Ave., Port Baku, c/o Port Baku Mall

### Riga

Brivibas 40

### San Juan - Puerto Rico

c/o Paseo Caribe, PO BOX 6185

### St. Petersburg

Bolshoy prospekt P.S. 49/18

### Warsaw

Plac. Trzech Krzyzy 3

### Wien

Franz-Josefs-Kai 5

### Zagreb

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### Zürich

Pelikanstrasse, 5







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